



CARE at the Sexual Assault Resource Center

UC SAN DIEGO

Student Services Center
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Phone: (858) 534-5793
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care.ucsd.edu • careinfo@ucsd.edu

Office Hours:
Monday-Friday
8:30am-4:30pm



OUR FOCUS

CARE at the Sexual Assault Resource Center provides services and education that focuses on the issues of sexual assault, relationship violence, and stalking. We understand the importance of risk reduction, bystander intervention, and educating the community about these issues to prevent violence.

Sexual assault is any unwanted, non-consensual sexual behavior from kissing and fondling to rape (forced oral, anal, or vaginal penetration). Our office promotes the importance of consent when engaging in any sexual activity or behavior. Consent is words and actions that show a positive and affirmative response to a sexual activity. It cannot be given if a person is coerced, intoxicated, unconscious/asleep, or in fear of injury.

We also focus on promoting healthy relationships and provide services to students, staff, and faculty experiencing relationship violence.

Relationship violence can be verbal, emotional, physical, sexual, and economic, or psychological behaviors that maintain power and control over an intimate partner.

Stalking is unwanted and repeated action or contact that harasses, intimidates, threatens or places a victim in fear. Stalking is serious and often unpredictable. Stalkers also use the internet or technology to keep track of someone; this is called **cyberstalking**.

For more questions about definitions and for legal or campus policy definitions, visit care.ucsd.edu.



RESOURCES FOR YOU

On Campus

Counseling and Psychological Services (CAPS)
caps.ucsd.edu
(858) 534-3755

Faculty and Staff Assistance Program (FSAP)
blink.ucsd.edu/go/fsap
(858) 534-5523

Office for the Prevention of Harassment & Discrimination (OPHD)
ophd.ucsd.edu
(858) 534-8298

Office of the Ombuds
ombuds.ucsd.edu
(858) 534-0777

Student Health Services (SHS)
studenthealth.ucsd.edu
(858) 534-3300

Student Legal Services (SLS)
sls.ucsd.edu
(858) 534-4374

UCSD Police Department
police.ucsd.edu
(858) 534-HELP (4357)

Off-campus

Center for Community Solutions (CCS)
Rape & Domestic Violence Crisis Line (24-hr)
police.ucsd.edu
(858) 534-Help (4357)

Rape, Abuse, & Incest National Networks (RAINN)
National Sexual Assault Hotline (24-hr)
www.rainn.org
1-800-656-HOPE (4673)



Each resource listed has varying degrees of confidentiality. Prior to disclosing information, we advise you to inquire about confidentiality policies.

OUR MISSION

Since our creation in 1988, CARE at the Sexual Assault Resource Center has been dedicated to creating a safe and respectful community that does not tolerate sexual assault, relationship violence, and stalking. Through policy development and campus wide collaborations, we are committed to providing education and support services that empower students, staff, and faculty.

OUR SERVICES

For students, staff, and faculty impacted by sexual assault, relationship violence, and stalking:

- On-call 24 hours a day and on weekends throughout the year
- Crisis intervention and safety planning
- Individual counseling and support groups
- On-campus advocacy for academic, housing, and employment concerns
- Assistance in reviewing police, administrative and non-investigative reporting options
- Accompaniment to police interviews, medical evidentiary exams, & court dates
- Referrals on and off campus

All communications with users of CARE services are privileged and confidential under California Evidence Code Sections 1010-1027, 1035.2 and 1037.2. Accordingly, employees in the CARE Office are not mandatory reporters under Title IX or the Jeanne Clery Disclosure of Campus Security Policy and Campus Crime Statistics Act.

To talk to a CARE at SARC Advocate:
Monday-Friday 8:30am-4:30pm,
call (858) 534-5793.
After hours, call (858) 534-5793.



ADVOCACY

CARE advocates:

- are trained professional staff that assist victims/survivors of sexual assault, relationship violence, and stalking.
- are confidential and do not share information with campus administrators, law enforcement, or any other entities unless you provide us with expressed written consent (with the clear exception of issues concerning possible child abuse, elder abuse, or threat to self or others).
- provide accompaniment to case related meetings and/or hearings and can be with you during interview, phone calls, line-ups, or any other proceedings that involve criminal or administrative reports.

Victims and survivors are entitled to have the assistance of a trained victim advocate at all times (CA Penal Code 679.04). The information you choose to share with your CARE advocate is privileged, protected, and therefore confidential.



UC San Diego students, staff, and faculty who are victims/survivors of sexual assault, relationship violence and/or stalking have the right to an advocate whether or not they choose to report.

EDUCATION

CARE at the Sexual Assault Resource Center offers education and training on violence prevention and response for the entire UCSD campus.

Education

CARE at the Sexual Assault Resource Center has ongoing educational programs for UC San Diego student organizations, residence halls, athletic teams, and various campus community resource centers. Our programs include discussions and workshops on understanding healthy relationships, practicing cybersafety, clarifying consent, how to support a survivor, and information on our support services.

Training

CARE at the Sexual Assault Resource Center provides trainings for UC San Diego staff, faculty, student staff, and student leaders. Our trainings focus on campus safety, how to respond and assist victims and survivors in crisis, reporting options, and information on our support services.



@ucsdcare

To request a program,
call (858) 534-5793

